



# YOU CAN MAKE A DIFFERENCE!

## In search of adult mentors for GROWING OUR OWN



Growing Our Own, is a new youth leadership volunteer opportunity launching this fall. Teens will receive hands-on training in the culinary arts, agriculture, and nutrition while connecting with professionals in various fields, exploring career pathways, and building their soft skills and confidence.

**WHEN:** Wednesdays, September 1st-November 17th, 3:15Pm-5:15PM

**WHERE:** The Caring Kitchen, Mendocino College, Room 6200



## Do you love working with teens?

There are many ways to be a volunteer mentor:

- give a 30-presentation
- mentor a student
- volunteer in the kitchen & garden

Contact for more information: [mrosenthal@ncoinc.org](mailto:mrosenthal@ncoinc.org)

\*\* Full vaccination and masks are required to participate this year \*\*



Celebrating 50 years of Community Action • 1968-2018