

## What's New December 2014



### December: Feature Story

#### Youth Mental Health in Mendocino County

by *Natasha Carter*



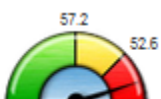
*"Healthy Mendocino Editor's Note: Mental health issues can be a concern for everyone from children to adults. This month learn how mental health challenges can impact students in Mendocino County and how public education about mental health issues can make a difference in the lives of children and youth."*

1 in 5 children suffer from a diagnosable mental health disorder, but approximately 75% do not receive treatment. This can be due to several factors including children not being identified early as needing services, financial barriers and lack of access to treatment, and fear of stigma. . ."

View the full article [here](#).

### Featured Indicator

#### Adults needing and receiving behavioral health care services



About 38 percent of Mendocino County residents who need care for emotional, mental health, or substance abuse issues stated that they got help for those issues in the last year. Mental well-being can affect all areas of a person's life. Learn more at [HealthyMendocino.org](http://HealthyMendocino.org).

### Healthy Mendocino seeking new staff

Healthy Mendocino is now seeking a new coordinator. The coordinator will play a vital role in keeping the [HealthyMendocino.org](http://HealthyMendocino.org) website up-to-date and relevant; educate the community about data-driven decision-making and available resources through outreach presentations and other activities; and work closely with the Healthy Mendocino Steering Committee. The position, which is accepting applications through 12/10/2014, is part time (16-20 hours per week) and offers a flexible schedule. Visit [www.ncoinc.org](http://www.ncoinc.org) for more information.

### SocioNeeds Index



Healthy Communities Institute has created a new tool to help assess the impact of socioeconomic factors on health and well-being. This interactive map compares zip codes in Mendocino County with other areas across the country. This at a glance tool allows you to see how poverty, education, employment, and linguistic barriers affect health outcomes.

Learn more by visiting the SocioNeeds Index on [HealthyMendocino.org](http://HealthyMendocino.org).

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