



What's New? January 2019

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## Feature Story

### Older Women & Poverty

This three-part special report takes a closer look at the lives of older women to better understand the challenges they face and how we can address them. The first section explores why a significant portion of older women live near or in poverty, while also shedding light on intersectional issues that make women of color and LGBTQ women even more likely to age in poverty than their white counterparts. The second section discusses important anti-poverty programs that older women rely on, and the third lays out specific policy recommendations for increasing women's economic security and access to supports as they get older.

Click [HERE](#) to read more.



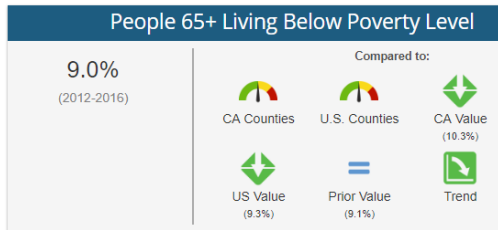
## **The Susan Baird Kanaan Award**

The Healthy Mendocino Steering Committee presented Susan Baird Kannan with an award at the Health and Human Services Agency (HHS) Advisory Board meeting for her dedicated service to Mendocino County. "The Susan Baird Kannan Award" was created as an annual award to be presented to a community member who has exhibited "Exemplary Service for Creating Community Health". Susan is the 2018 inaugural recipient for her dedication to service, enthusiasm and caring for our community. She spearheaded the formation of the Healthy Mendocino website and the collaborative Community Health Needs Assessment work. She has been a community member of the HHS Advisory Board for many years and is also on the Board for Yoga Mendocino. Susan has the passion and determination to focus her energy on what she believes in and we are fortunate to have her focus be on creating change here in Mendocino County. Thank you, Susan, for your time and commitment to Mendocino County.

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**January Featured Indicators**

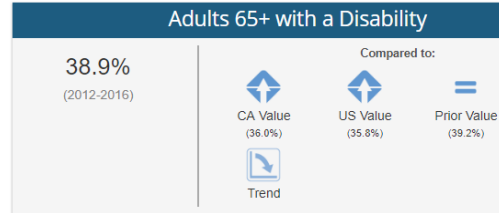
County: Mendocino



This indicator shows the percentage of people aged 65 years and over living below the federal poverty level. Seniors who live in poverty are an especially vulnerable group due to increased physical limitations, medical needs, and social isolation. Seniors often live on a fixed income from pensions or other retirement plans and social security. If this income is insufficient in the face of increasing prescription costs and other costs of living, most seniors have no way to supplement their income. Retirement plans may be vulnerable to fluctuations in the stock market as well; the increasing reliance of retirees on stock market based retirement plans may explain why more seniors nationwide are now slipping into poverty.

Click [HERE](#) to view the indicator.

County: Mendocino



This indicator shows the percentage of the population aged 65 years and over that are limited in any activities because of physical, mental, or emotional problems. People with a disability have difficulties performing activities due to a physical, mental, or emotional condition. The extent to which a person is limited by a disability is heavily dependent on the social and physical environment in which he or she lives. Without sufficient accommodations, people with disabilities may have difficulties living independently. Disability takes a much heavier toll on the very old. There is often a strong relationship between disability status and reported health status, and many individuals with disabilities require more specialized health care and assistance.

Click [HERE](#) to view the indicator.



*Connecting people and  
information for better health*

## What's New with Healthy Mendocino

The Healthy Mendocino Home Page has a new look! We are being modernized with a full sized page, new look for our logo, a carousel tile of banner photos with pertinent links to pages on the site, a fresh clean look to our Priority Areas and more!

Click [HERE](#) to view the new Home Page.

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**SAVE THE DATE**

**EDFC** Economic Development & Financing Corporation  
Presents

**MENDOCINO COUNTY  
ECONOMIC SUMMIT:  
*Charting a Path Forward***

January 31, 2019, 12:00-4:30 PM  
111 E. Commercial St., Willits, CA

Sponsored by

PG&E USDA City of Ukiah CAMEO

# Mendocino County Economic Summit

**Save the Date!** Join Economic Development and Financing Corporation (EDFC) for an opportunity to chart the path forward for our local economy. The purpose of this event is to:

- Understand the current resources available
- Meet the groups working on economic development
- Identify gaps and to create a vision for the future

January 31st at the Willits City Hall Community Room. 12:00 pm - 4:30 pm. Early registration \$15.00 before January 10, \$20 after January 10th, and \$25 at the door. Lunch included.

Click [HERE](#) for more information and to register.

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## Updates for the Healthy Mendocino Action Teams

Read about the latest updates for the Healthy Mendocino Action Teams, inland and on the coast.

Click [HERE](#) to read more.

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# Presentations Available for your Organization!

Do you want to learn more about [HealthyMendocino.org](http://HealthyMendocino.org)?

Learn about the new Community Dashboards, how to navigate the site, tools you can use to help write reports and grants, and how to add a custom Dashboard to your website.

**Email:**

[healthymendocino@ncoinc.org](mailto:healthymendocino@ncoinc.org) or call **707-476-3228** to schedule a presentation and find ways you can utilize its many resources.



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