

HEALTHY Mendocino



What's New!
July 2016

June: Feature Story



Alzheimer's Awareness

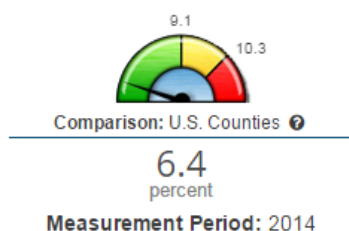
by Elizabeth Santos

June was Alzheimer's and Brain Awareness Month and individuals worldwide work to raise awareness about this devastating disease and the growing global crisis. Elizabeth Santos was invited by the Alzheimer's Association to represent Mendocino County as a constituent for California Alzheimer's Advocacy Day at the State Capitol.

Learn more at HealthyMendocino.org

Featured Indicator

Alzheimer's Disease or Dementia: Medicare Population



County: Mendocino

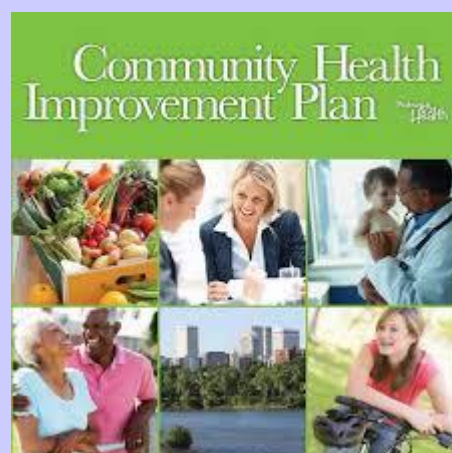
Data Source: Centers for Medicare & Medicaid Services
Categories: Health / Older Adults & Aging, Health / Disorders

Technical Note: The distribution is based on data for counties and county equivalents.

Maintained By: Healthy Communities Institute
Last Updated: February 2016

Alzheimer's disease is the most common form of

Latest news



Community Health Improvement Plan (CHIP)

Read a summary of the June 8 Community Health Improvement Plan Workshop, attended by a wide range of County residents. The participants identified five focus issues and formed Action Teams for each one. To view photos, the 5 identified focus areas, notes from each Action Team and the full Community Health Needs Assessment (CHNA) Report click [here](#).

dementia among the geriatric population, accounting for 50 to 80 percent of dementia cases. It is a progressive and irreversible disease where memory and cognitive abilities are slowly destroyed making it impossible to carry out even simple, daily tasks. Alzheimer's disease typically manifests after the age of 60. According to the Centers for Disease Control and Prevention, Alzheimer's disease is the fifth leading cause of death among adults aged 65 and older. The Alzheimer's Association notes that the number of people age 65 and older with Alzheimer's disease is estimated to reach 7.1 million by 2025—a 40 percent increase from the estimated 5 million age 65 and older currently affected by the disease. Medicare costs for those with Alzheimer's and other dementias are estimated to be \$107 billion dollars in 2013.

Learn more [here](#).

Indicator Updates

Check out our dashboard and look for the "new" tags to see what we've updated!

One big change that is coming to our site this summer is a new look for the dashboards and the addition of saved curated dashboards that cover specific topics, themes or locations. Stay tuned for more information in August.

Presentations Available for your Organization!

Do you want to learn more about HealthyMendocino.org? Learn how to navigate the site, tools you can use to help write reports and grants, how to add a custom Dashboard to your website and how to promote a health related cause on HealthyMendocino.org.

Email healthymendocino@ncoinc.org or call 707-467-3228 to schedule a presentation for your organization and find the ways in which you can connect with the site, utilizing its many resources.

Community Calendar

See the [events](#) happening in Mendocino County

Have an upcoming event? Submit it [here](#) or [contribute](#) other content.

Like Us on [Facebook](#)

Help us use this Social Media to inspire conversation and communicate about new information or changes on the site.



Understanding Dementia Behavior

While many of us may associate aging with significant memory loss, the two do not go hand in hand. While some memory loss is normal with aging, memory loss that interferes with daily living, loss of reasoning ability, and impaired intellectual capacity are three signs of dementia, a general term for a decline in mental ability severe enough to interfere with daily life.

Click [here](#) for the full article.



Summer Reading!

Summer Reading is INCREDIBLY IMPORTANT and provides a GREAT ALTERNATIVE to screen time! Children who don't read over the summer experience summer learning loss (a.k.a. Summer Slide). Help spread the word about summer reading programs and some key messages you can share.

Click [here](#) for more information.



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