



HEALTHY Mendocino
Connecting people and information for better health



What's New! May 2016

May: Feature Story

Mobilizing for a Healthier Mendocino County

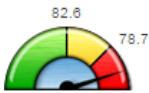
by CHNA Planning Group

On June 8, community leaders from across Mendocino County will convene in an all-day Community Health Improvement Planning (CHIP) Workshop at the Ukiah Conference Center. The meeting, hosted by the Community Health Needs Assessment Planning Group, is the first step in building a new county-wide initiative to improve the health and well-being of our County.

Learn more at HealthyMendocino.org

Featured Indicator

Self-Reported General Health Assessment: Good or Better



Comparison: CA Counties

72.4
percent

Measurement Period: 2014

County: Mendocino

Data Source: California Health Interview Survey
Categories: Health / Wellness & Lifestyle
Technical Note: The distribution is based on data from 4 and county groups.
Maintained By: Healthy Communities Institute
Last Updated: November 2015

This indicator shows the percentage of adults, teens, and children who answered good, very good, or excellent to: "How is your general health?"

People's subjective assessment of their health status is important because when people feel healthy they are more likely to feel happy and to participate in their community socially and economically. Areas with unhealthy populations lose productivity due to lost work time. Healthy residents are essential for creating a vibrant and successful community.

Learn more [here](#).

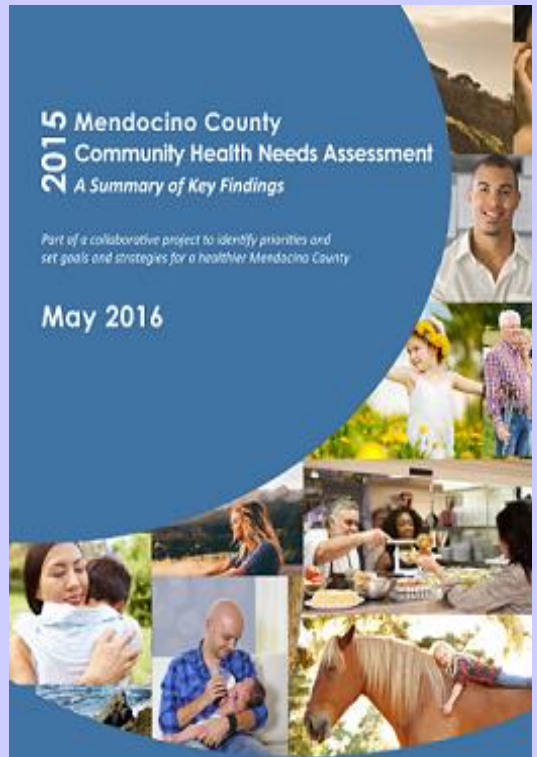
New Drop Down Menu for "Local Projects"

Latest news

2015 Mendocino County Community Health Needs Assessment A Summary of Key Findings

Part of a collaborative project to identify priorities and set goals and strategies for a healthier Mendocino County

May 2016



Sponsored by

Alliance for Rural Community Health
Frank R. Howard Memorial Hospital
Healthy Mendocino

Mendocino County Health & Human
North Co
Ukiah Valley

Community Health Needs Assessment Summary Report

This report presents the findings from a collaborative process carried out to assess the health and well-being of the people of



Community Data Connect To Resources Useful Tools **Local Projects** About Us

Local Projects

Community Health Needs Assessment
Community Health Needs Assessment Summary Report
Covered Mendocino
Small Steps to Big Changes



COMMUNITY HEALTH NEEDS ASSESSMENT
Read about the Community Health Needs Assessment (CHNA), an ongoing, collaborative process of assessing and responding to the health needs of Mendocino County residents.



Community Health Needs Assessment Summary Report presents the findings from a collaborative process carried out to assess the health and well-being of the people of Mendocino County.



Covered Mendocino
(707) 463-5437
Covered Mendocino is a coalition of community organizations and government agencies working together to provide outreach and enrollment assistance to Mendocino County residents in need of affordable health insurance coverage through Medi-Cal or Covered California.



A listing of local resources found in each community in the County for taking small steps towards health – everything from walking trails and healthy eating, to whale watching spots and fitness retreats.

The navigation bar for Healthy Mendocino as a new drop down menu! Check out the pages for **Local Projects** in Mendocino County.

Click [here](#) to view.

Presentations Available for your Organization!

Do you want to learn more about HealthyMendocino.org? Learn how to navigate the site, tools you can use to help write reports and grants, how to add a custom Dashboard to your website and how to promote a health related cause on HealthyMendocino.org.

Email healthymendocino@ncoinc.org or call 707-467-3228 to schedule a presentation for your organization and find the ways in which you can connect with the site, utilizing its many resources.

Community Calendar

See the [events](#) happening in Mendocino County

Have an upcoming event? Submit it [here](#) or [contribute](#) other content.

Like Us on [Facebook](#)

Help us use this Social Media to inspire conversation and communicate about new information or changes on the site.

Mendocino County. It begins with a summary of the needs assessment process and presents key findings from each of four data collection methods, which are provided as Appendices to this document.

Click [here](#) to view.



May is Mental Health Awareness Month

Mendocino County Behavioral Health and Recovery Services Mental Health will be conducting the third annual May is Mental Health Month Outreach events.

Click [here](#) to read the article.

Click [here](#) for a list of events.



Small Steps to Big Changes

A listing of local resources found in each community in the County for taking small steps towards health – everything from walking trails and healthy eating, to whale watching spots and fitness retreats.

Click [here](#) for more information.



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2/26/2015

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