



What's New!

October 2014

October Feature Story

A houseful of health

by Michelle Rich

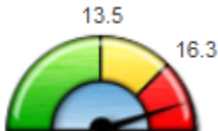


“Housing is not necessarily the topic that comes to mind when one thinks of community health, but location, quality, and affordability of housing all make a difference in health outcomes. In looking at the social factors that impact health (called the social determinants of health), housing makes a material difference. Not only do people spend more time in their houses than other places, but they also spend more money on housing than on any other expense. In Mendocino County, many people are concerned about housing and homelessness because of the increase in illegal camping and aggressive panhandling, as well as the changes to emergency shelter availability in the county. . .”

View the full article [here](#).

Featured Indicator

Severe Housing Problems



Federal Food Month and CalFresh Challenge



Healthy Mendocino is excited to partner with Food for All, a coalition working to end hunger, to celebrate the federal food programs that help take a bite out of hunger in Mendocino County.

[Registration for the CalFresh Challenge and other food month activities is available now on the site.](#)

Stop by and see how you can join others across the County to spread the word about the impacts of hunger.

Indicator Updates

NEW

Many indicators were updated on the site this month, including indicators from the National Cancer Institute and the U.S. Environmental Protection Agency. Look for the 'new' tag to find see what has been updated.

Contact Us

About 28 percent of Mendocino County residents experience severe housing problems. This includes overcrowding, high housing costs, lack of kitchen or lack of plumbing facilities. Lack of safe and affordable housing impacts health and increases risk of food insecurity as well as exposure to possible environmental hazards such as mold, pest infections, and lead. Learn more at HealthyMendocino.org.



For more information about Healthy Mendocino, or to schedule a presentation for your information, please contact the site administrator, Michelle Rich, at research@mendochildren.org.

To subscribe or unsubscribe please contact us [here](#).

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