



Healthy Mendocino Project Summit

Working Together for Healthier Communities



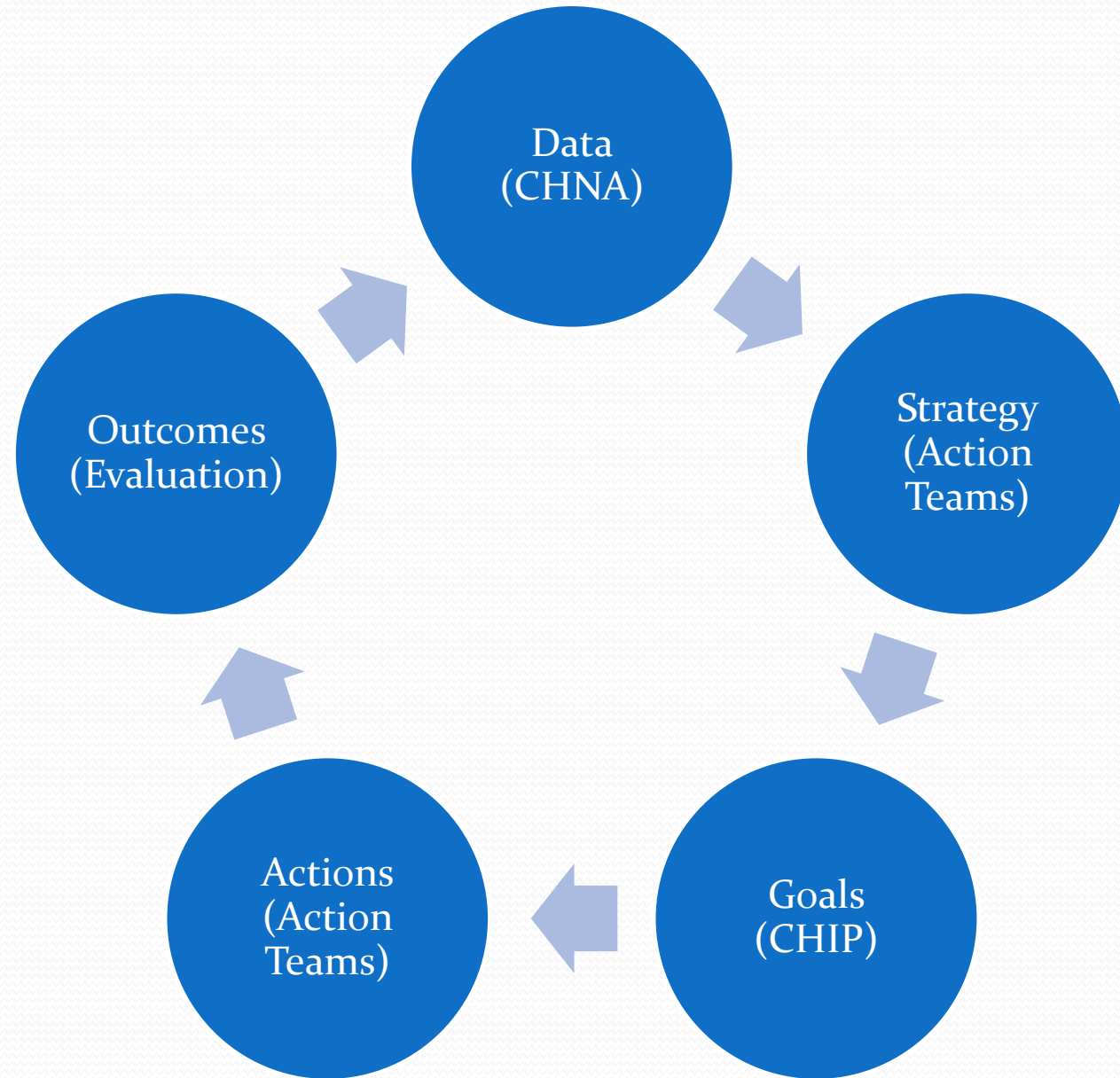
Changing the Conversation



Strategic Approach



- Improve community health by identifying and using resources
- Consider unique community needs
- Form collaborative partnerships for action





How do we tell our community health story?



Resilient



Healthy



Happy



How do we work together for a vibrant
community in the future?





Shelly Mascari

Community Wellness Director at
St. Helena Hospital in Lake County

**“Best Practices for Working
Collaboratively”**

Healthy Mendocino Project Action Teams



Family Wellness

THE VISION FOR IMPROVEMENT

Promote activities that support healthy, active children and families and offer wide access to healthy food and safe recreational opportunities.

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Childhood Trauma

THE VISION FOR IMPROVEMENT

All children will have the support and opportunity to grow up in stable and supportive families, and families will have access to support in times of crisis.

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Housing

THE VISION FOR IMPROVEMENT

Affordable, safe, appropriate housing for everyone in every income bracket.

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Mental Health

THE VISION FOR IMPROVEMENT

Expand treatment and access to treatment, focusing on case management options and provide education to reduce stigma and increase awareness.

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Poverty

THE VISION FOR IMPROVEMENT

High quality of life and economic sufficiency for all; entrepreneurship and wealth-creation opportunities; strong locally owned businesses; more and better jobs; empowerment combine with responsibility.

Who's at the table?



- Adventist Health Frank R. Howard Memorial Hospital
- Adventist Health Ukiah Valley
- ARC Family Resource Center
- City of Fort Bragg Community Development
- City of Ukiah Parks and Recreation Department
- Coastal Mendocino Association of Realtors
- Community Members
- Consolidated Tribal Health Project
- County Economic Development Committee
- Court Appointed Special Advocates
- Economic Development and Finance Corp.
- FIRST 5 Mendocino
- FlockWorks
- Fort Bragg Food Bank
- Foster Kin Care
- Fourth District Mendocino County Supervisor
- Health and Human Services Agency, Planning and Prevention Unit
- Healthy Families Mendocino County
- Hospitality House
- Legal Services of Northern California
- Mendocino Coast Child Abuse Prevention Council
- Mendocino Coast Children's Fund
- Mendocino Coast Clinics
- Mendocino Coast Hospitality Center
- Mendocino Coast Recreation and Park District
- Mendocino Community Health Clinics
- Mendocino County Behavioral Health Advisory Board
- Mendocino County Health and Human Services Agency
- Mendocino County Office of Education
- Mendocino County Youth Project
- Mendocino Office of Education, State Preschool
- North Coast Opportunities, Nutrition Basics
- North Coast Opportunities, Walk and Bike Mendocino
- Noyo Headlands Unified Design Group
- Plowshares Peace and Justice Center
- Project Sanctuary
- Raise and Shine – FIRST 5 Mendocino
- Redwood Coast Senior Center
- Redwood Community Services
- Redwood Valley Rancheria
- Safe Passage
- Tapestry
- United Way of the Wine Country
- University of California Cooperative Extension, 4-H
- West Company



www.healthymendocino.org

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[Thank you!!](#)